

**Lets be intentional, responsible & disciplined  
to help prevent the spread of COVID & flu.**

Wash hands, choose to mask, keep a 1.5m social distance & follow simple health & hygiene protocols.



Choose to **wear a mask.**



Choose to keep at least **1.5 meters** distance between each other.



Choose to **sanitise** your hands **here.**



Choose to practice **non-contact** greetings.



Choose to **wear your mask** beyond this point.



Choose to meet **outside** or in a well **ventilated** space.



Choose to keep **surfaces** & high traffic areas **santized.**



Choose to **wash your hands** with soap & water often. Practice **good hygiene.**



Find out where your **nearest vaccine site** is.

WHATSAPP SUPPORT  
**0600 123 456**  
EMERGENCY NUMBER  
**0800 029 999**

**STAY  
SAFE**  
PROTECT SOUTH AFRICA

